



## Quick Tips: Finding a Co-op/Internship

### **BASIC TIPS:**

- It's never too soon to start looking for a co-op or internship. Ask your professors, use your career center, do research online, and explore all possibilities.
- Think of internships as long-term job interviews. Employers use internships to determine what you're capable of and how invested you are in working at their organization. Keep your energy up and performance high through your entire experience.
- Internships are a wonderful tool for you to determine what opportunities may be the best fit. An internship will give you a better idea of where you want to take your career.
- Mistakes made during an internship tend to be forgiven more frequently than in full-time positions. Make sure you learn from your mistakes so you don't repeat them in the future.

