



Quick Tips: Career Center Benefits

BASIC TIPS:

- Career centers offer students help to reflect on who they are, where they are going in life, and what career they may want to pursue.
- Visiting your career center will provide opportunities for you to learn about the resources available and to connect with a counselor who can assist you.
- Career service counselors can help you think through majors and fields of interest as well as how to pursue internships and jobs.
- Don't wait until senior year of college to visit your career center. It's advisable to start early in college seeking guidance to learn about potential careers, employers, and your future career path.
- If you're not sure what career you want to pursue, career counselors can offer career assessments to help you discern potential careers that align with your interests and skills.
- Career centers provide opportunities for work experience programs, internships, and traineeships to name a few. They also offer career fairs, mock interviews, resume critiques, LinkedIn profile reviews, and much more to assist in your career development and job search.
- Working with career counselors can help you build confidence. They will often work with you one-on-one to provide the career guidance you need.
- Career counselors will aim to help you feel less overwhelmed about your future and can help you create an action plan to move forward.