



[Quick Tips: Virtual Interviews-Technical](#)

BASIC TIPS:

- Video interviews are here to stay! Employers say they're often more convenient for both the interviewer and interviewee.
- Virtual interviews give employers an initial opportunity to literally see a candidate and get a feel for their personality.
- When doing virtual interviews be aware of your environment. Be sure you are in a quiet space, free of distractions. Know what's behind you and around you. If you have posters or pictures on the wall, make sure they are appropriate for an employer to see.
- When you set up your camera, it's important to make sure you are well lit so an employer can clearly see your face.
- Do your interview in a chair that doesn't rock or swivel, center yourself on camera, framed from about mid-chest up, look directly into the lens when speaking if possible. Keep a notepad and pen on your desk to take notes since it shows you're engaged in the conversation. Plus, you can refer back to your notes when the interviewer asks if you have any questions.
- Practice interviewing with a friend so you can see what an employer will see during your "real" interview.